

## ABOUT KGD KIDZ

At KGD we offer a fresh new innovative approach to children's development through our unique, non-traditional methods of learning.

Children have a natural tendency to dance. Through their natural movement they express delight, curiosity in themselves, others and the world around them. Our structured classes will continue to inspire and engage your child as varied themes and concepts are included throughout as we further develop their skills based off children's natural skipping and galloping motor skills. Through the use of imagery, mime and rhymes, these specially designed classes for pre-schoolers are structured to develop fun, fitness and friendships by instilling the love and enjoyment of dance in your child. The use of props as teaching aids is incorporated to keep our classes fun and interesting! Frequent 'surprise performances' from the older KGD students really set the example for the younger students, as they continue to captivate their imaginations and provide them with aspirations! You're child will continue to be engaged whilst developing their social skills, confidence, self-esteem and other advantages that will continue to last them a lifetime.

Children have the option of performing in our annual 'End of Year Showcase Performance' in December, this is a huge highlight of our year which the students thoroughly look forward too. Involvement in our Showcase means children experience:

On-stage dress rehearsal and pre-production experience, funfilled and exciting evening for students and families, experience of performing in a professional theatre, amazing costumes, lighting, backdrops and special effects – learning about the theatre, development of their performance abilities, learning to work as a part of a team & Increasing their confidence!

#### MUMMY & BUBBY

Mummy & Bubby classes (for 2.5 year olds), is a class where mummy joins in on the fun with bubby for a half our lesson filled with chaos, fun and laughter, as basic creative movement and co-ordination is encouraged and developed. The class is not too long, just enough time to keep the students interested and engaged when their concentration levels can only last a certain amount of time at this young age! Including the mums in our classes also helps encourage participation by the added support and encouragement parents can give their children. Mummy & Bubby draws on elements from Angelina Ballerina & Baby Bopperz, in which we explore the world of Classical Ballet and the more energetic form of Jazz dance, as we include basic rhythmic exercises encouraging musicality and the different levels in space - high, low, infront, behind, etc. Circular sparkly material is used to create circles and introduce the concept of creating shapes. We then select our own glittery star or heart and find our 'special spot' in the room as we dance around the room and swap shapes to continue to develop our spatial awareness and the concept of 'sharing.' Locomotive steps in the form of 'follow the leader' are performed to assist children in maintaining patterns and taking direction. Watch your child squeal with delight as they pony canter under the magic rainbow! This introductory class will really begin to instill the enjoyment of dance in your child and provide a foundation and stepping stone for when they progress to the 3&4 year old pre-school classes.

\*PLEASE CONTACT KGD FOR FURTHER INFORMATION AND TO OBTAIN A CLASS SCHEDULE.



#### "Quality training in an inviting atmosphere"

Classes held at our new state-of-the-art premise: 96 Enterprise Avenue, Berwick V IC 3806

> Studio: (03) 9769 8820 Email: info@kgdancers.com ABN: 48 937 170 937

ини.kgdancers.com







Introduce your child to the creative world of dance through our unique approach of specially designed 'KGD KIDZ' programs

www.kgdancers.com

#### **Baby Bopperz**

Does your child love dancing around to High School Musical, The Wiggles or High five? Then come along and try our Baby Bopperz Jazz class!

Baby Bopperz (for 3-4 year olds), is an introduction to the energetic, upbeat, faster paced form of dance style known as 'Jazz.' The difference in the two dance styles of ballet and jazz is established in this class as we differentiate the parallel feet stance as opposed to the rotation and turning out of the leg from the hip socket that ballet requires. We encourage

> sharper, punchier movements, as we work on our isolations of separate areas of the body, encourage further co-ordination and lively movements. Children receive a thrill out of performing the above with the inclusion of pompoms, shakers, etc to help keep the exercises interesting, which in turn helps them to stay engaged. Natural hopping, jumping, skipping motor skills are performed with hula-hoops, which makes an exciting obstacle course, encouraging added concentration and further challenge.

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## **Baby Bounce**

Our Baby Bounce class (which starts only from age 4), is a basic introduction to all things

'Acrobatics' & 'Tumbling'! With a Gymnastics-based approach, students take much delight in the sense of achievement they feel when mastering their 'Acrobatic' moves and 'special tricks'! This class is taught in an extremely safe and controlled manner, where students are carefully monitored and 'spotted' by our specialist Acrobatics instructor. This class is held on professional tumbling/ gymnastics mats on a sprung-sub-floor, where students are introduced to basic moves such as; hand stands, cartwheels, elbow stands, mushrooms, back bends/bridges, forward and backwards somersaults, all whilst continuing on with flexibility work and

upper body strength. These basic beginner moves will eventually lead onto the more advanced ticks and skills they learn in the older levels. Our students take pride in their accomplishments as they also work on basic partner tricks and group skills, to further extend their passion for all things movement and dance!

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# Baby Beatz

Our 'Baby Beatz' class (for 3-4 year olds), is an exciting basic introduction to the style of

dance known as 'Tap'! This pre-school Tap class proves to be the highlight of your child's day, as they highly anticipate the chance to finally put on their 'Tap shoes' and tap until their little heart's content!

Throughout this class your child will be introduced to the basic elements of Tap in a fun and imaginative way. Children learn the three basic parts of the foot; the toe, ball, heel, as they learn different rhythms with each part of their foot. This class is great for developing musicality and a sense of rhythm and timing! Students will further develop their co-ordination by 'squashing bugs' with their heel drops, 'walking through puddles' on their tippy-toes, getting stuck to the floor by 'sticky lollies', as they attempt their toe drops, etc...All the fundamental principles of Tap dancing are taught in a creative and engaging way, which will ensure that this class proves to be a highlight of your little one's week!

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## **Baby Ballerinas**



'Baby Ballerinas' (for 3-4 year olds), is a gentle introduction to the magical world of ballet and our classes are full of fantasy and imagination as your child seeks delight in everything that epitomizes being a 'little girl'.

At KGD we ensure that this program, along with all our other pre-school programs listed above, are taught by the principal; Miss Karlie herself. Since the opening of our doors back in 2010, our pre-school programs have been hugely popular with our pre-schoolers making up a large portion of our school.

We believe this is paramount to our success, as one of our main philosophies is one that, pre-schoolers need to be taught properly



and correctly from a young age, with just the right amount of careful technique combined with the right approach to fun and enjoyment to plant the seed of passion within the child in order for them to enjoy and continue for years to come.

We believe that children this young need to be taught by our more qualified and experienced senior teachers to achieve the best possible results and experience for your little one.

Our classes combine individual exercises and movement sequences with a clear objective and focus to provide a structured learning atmosphere, incorporating the basic ballet priniciples, terminology, posture, musicality, that will ensure a seamless transition into the Cecchetti ballet program we offer from age 5 onwards.

